



The Spa

at Bushey Grove



ELEMIS

ELEMIS FACIALS

Our skincare experts use a combination of facial massage techniques and clinically proven products to achieve optimal results. The hands of a highly trained therapist are profoundly effective anti-ageing tools. Each facial is tailored to help you achieve your skin dream.

Free skin analysis included in all our facial bookings, using a special wood lamp to allow detailed analysis of the skin to be taken and an accurate skin diagnosis to be given.

	30 MINS	60 MINS
Pro-Glow Renewal Facial	£39.00	£69.00
Pro-Glow Smooth	£39.00	£69.00
Pro-Glow Resurface	£39.00	£69.00
Pro-Glow Brilliance	£39.00	£69.00

ELEMIS BIOTEC FACIALS

Our NEW Pro-Glow Facial treatment menu harnesses the revolutionary power of therapy with our Advanced Light Therapy, Microcurrent, Galvanic and Oxygen Infusions. In just one treatment, skin is visibly rejuvenated, refreshed and radiant.

	60 MINS
Pro-Glow Renewal Facial+	£84.00
Pro-Glow Smooth+	£84.00
Pro-Glow Resurface+	£84.00
Pro-Glow Brilliance+	£84.00

ELEMIS MASSAGE

Swedish back, neck & shoulder (30 mins)	£30.00
Swedish full body massage (60 mins)	£55.00
Deep tissue back, neck and shoulder (30 mins)	£40.00
Deep tissue full body massage (60 mins)	£65.00
Hot stone back, neck and shoulder (30 mins)	£40.00
Hot stone full body massage (60 mins)	£65.00
Bamboo back, neck and shoulder massage (30 mins)	£40.00
Bamboo full body massage (60 mins)	£65.00
Sports full body massage (60 mins)	£80.00
Sports back, neck and shoulder massage (30 mins)	£50.00

Courses are available for massage and facials, book a course of 6 and receive **10% off** or book a course of 8 and receive **15% off**.

ELEMIS WELLBEING

Indian head massage (45 mins)	£40.00
Exotic lime and ginger salt scrub (30 mins)	£30.00
Soothing frangipani scrub (30 mins)	£30.00
Pre and post natal massage (30 mins)	£40.00
Pre and post natal massage (60 mins)	£65.00



WAXING

Brow shape (15 mins)	£10.00	Full leg wax (45 mins)	£20.00
Lip wax (10mins)	£8.00	Full leg & regular bikini wax (60 mins)	£35.00
Chin wax (10 mins)	£8.00	Regular bikini wax (15 mins)	£15.00
Sides of face wax (15 mins)	£10.00	High bikini wax (25 mins)	£20.00
Lip & chin wax (20 mins)	£15.00	Brazilian wax (45 mins)	£25.00
Brow & lip wax (20 mins)	£15.00	Hollywood wax (55 Mins)	£30.00
Full face waxing (not inc. brows) (30 mins)	£23.00	1/2 arm wax (25 mins)	£14.00
1/2 leg wax (25 mins)	£16.00	Full arm wax (40 mins)	£18.00
3/4 leg wax (35 mins)	£18.00	Under arm wax (15 mins)	£10.00
		Stomach wax (20 mins)	£12.00



MANICURE

Express manicure (45 mins)	£15.00
Manicure (60 mins)	£20.00

PEDICURE

Express pedicure (45 mins)	£17.50
Pedicure (60 mins)	£22.00

GELS

Gel shape & polish manicure (60 mins)	£25.00
Gel shape & polish pedicure (75 mins)	£30.00

COMBOS

Express manicure & pedicure (90 mins)	£30.00
Manicure & pedicure (120 mins)	£39.00
Gel manicure & pedicure (135 mins)	£50.00

ADDITIONAL TREATMENTS

Soak off	£5.00
Gel glitter	£5.00
Gel French manicure	£5.00
Nail repair	£2.00 per nail
Thermal mitts/boots	£5.00

ST TROPEZ TANNING

St. Tropez full body spray tan	£25.00
St. Tropez 1/2 body spray tan (3/4 legs, arms, chest & face)	£17.00





MENS TREATMENTS

WAXING

Chest wax (40 mins)	£20.00
Stomach wax (30 mins)	£20.00
1/2 back wax (30 mins)	£20.00
Full back wax (60 mins)	£25.00
Ears, nose, or brows wax (15 mins)	£8.00 each

NAILS

Manicure (30 mins)	£15.00
Pedicure (45 mins)	£20.00

ELEMIS

ELEMIS FACIALS

	30 MINS	60 MINS
Pro Glow	£39.00	£69.00
Pro Glow+	-	£84.00

ELEMIS MASSAGE

	30 MINS	60 MINS
Swedish back, neck and shoulder massage	£30.00	
Deep Tissue, full body massage	£35.00	£65.00

For a full range of facials and massages please visit our facial and massage section.

NEW SPA PACKAGES

SPA EXPERIENCE PACKAGE 4 HOURS

- 30 minute massage
- 30 minute ProGlow facial
- 2 hour Thermal Spa Experience

COST: £75.00 PER PERSON

PAMPER PACKAGE 4 HOURS

- 60 minute Swedish full body massage
- 2 hour Thermal Spa Experience
- PLUS Afternoon Tea

COST: £80.00 PER PERSON

GLOW PACKAGE 3+ HOURS

- Skin analysis
- 60 minute Biotec ProGlow+ facial
- 2 hour Thermal Spa Experience

COST: £90.00 PER PERSON

DETOX PACKAGE 3+ HOURS

- Lime and ginger salt full body exfoliation
- 60 minute deep tissue, hot stone or bamboo massage.
- 2 hour Thermal Spa Experience

COST: £95.00 PER PERSON

INDULGENCE PACKAGE 4+ HOURS

- 60 minute Swedish massage
- 30 minute ProGlow facial
- 2 hour Thermal Spa Experience
- PLUS Afternoon Tea

COST: £115.00 PER PERSON

TOP-TO-TOE PACKAGE 4+ HOURS

- 30 minute massage
- 30 minute ProGlow facial
- Gel manicure and pedicure
- 2 hour Thermal Spa Experience
- PLUS Afternoon Tea

COST: £150.00 PER PERSON

RELAX DAY FOR 2 PACKAGE 4+ HOURS

- 60 minute massage
- 30 minute ProGlow facial
- 2 hour Thermal Spa Experience
- PLUS Afternoon Tea

COST: £220.00 FOR 2 PEOPLE

MUM-TO-BE PACKAGE 3.5 HOURS

- 60 minute pre/post natal massage
- 30 minute ProGlow facial
- 2 hour Thermal Spa Experience

COST: £95.00 PER PERSON



**ADD AFTERNOON TEA
FOR TWO TO ANY SPA
PACKAGE FOR **£19.99****

To book please call **01923 470161** or email
thespabusheygrove@inspireall.com