

Pool Timetable



Bushey Grove
Leisure Centre

Pool Timetable

Key: **A** Adults only

Monday			Tuesday			Wednesday			Thursday			Friday			Saturday			Sunday											
Lane Swimming			Lane Swimming			Lane Swimming			Lane Swimming			Lane Swimming			Lane Swimming			Lane Swimming											
Main Pool		Lanes	Main Pool		Lanes	Main Pool		Lanes	Main Pool		Lanes	Main Pool		Lanes	Main Pool		Lanes	Main Pool		Lanes	Main Pool		Lanes						
06:30 - 08:00	A	6	06:30 - 08:00	A	6	06:30 - 08:00	A	6	06:30 - 08:00	A	6	06:30 - 08:00	A	6	07:00 - 08:00		6	08:30 - 09:00	A	4	09:00 - 12:30		2	16:00 - 18:00	A	2			
08:00 - 09:00		6	08:00 - 09:00		5	08:00 - 09:00		6	08:00 - 09:00		5	08:00 - 09:00		6	09:00 - 14:00		2	09:00 - 12:30		2	09:00 - 12:30		2	09:00 - 12:30		2			
09:00 - 13:00		4	09:00 - 11:00		4	09:00 - 10:00		4	09:00 - 10:30		4	09:00 - 13:30		4	15:30 - 17:30		4	15:30 - 17:30		4	16:00 - 18:00		2	16:00 - 18:00		2			
13:00 - 16:00		2	11:00 - 13:00		3	10:00 - 11:00		2	10:30 - 12:00		2	15:30 - 16:00		4	17:30 - 19:00		4	17:30 - 19:00		4									
16:00 - 21:00		2	13:00 - 16:00		4	11:00 - 13:30		4	12:00 - 16:00		4	17:00 - 19:00		2															
21:00 - 22:00	A	6	16:00 - 21:00		2	16:00 - 19:30		2	16:00 - 19:00		2	19:00 - 20:30		4															
			21:00 - 22:00	A	6	19:30 - 21:00		2	19:00 - 21:00		3	20:30 - 22:00	A	6															
						21:00 - 22:00	A	6	21:00 - 22:00	A	6																		
Public Swimming			Public Swimming			Public Swimming			Public Swimming			Public Swimming			Public Swimming			Public Swimming											
Main Pool		Lanes	Main Pool		Lanes	Main Pool		Lanes	Main Pool		Lanes	Main Pool		Lanes	Main Pool		Lanes	Main Pool		Lanes	Main Pool		Lanes	Main Pool		Lanes			
09:00 - 20:00		2	09:00 - 11:00		2	09:00 - 10:00		2	09:00 - 19:00		2	09:00 - 13:30		2	09:00 - 14:00		2	09:00 - 12:00		2	09:00 - 14:00		2	09:00 - 14:00		2	09:00 - 12:00		2
			12:00 - 18:00		2	11:00 - 19:00		2				16:00 - 19:00		2	15:30 - 17:30		2				15:30 - 17:30		2						
Aqua Aerobics			Aqua Aerobics			Aqua Aerobics			Aqua Aerobics			Aqua Aerobics			Party Hire			Party Hire											
Teaching Pool			Main Pool	Teaching Pool		Main Pool	Teaching Pool		Teaching Pool			Teaching Pool			Main Pool	Teaching Pool		Main Pool	Teaching Pool		Main Pool	Teaching Pool		Main Pool	Teaching Pool				
10:15 - 11:00			11:15 - 12:00		19:15 - 20:00	10:00 - 10:45	19:40 - 20:25		11:45 - 12:30			12:00 - 12:45			14:15 - 15:00	14:15 - 15:00		13:00 - 14:00	13:00 - 14:00		13:00 - 14:00	13:00 - 14:00		13:00 - 14:00	13:00 - 14:00				
11:10 - 11:55			12:15 - 13:00						12:35 - 13:20						17:00 - 17:45			16:00 - 17:00	16:00 - 17:00		16:00 - 17:00	16:00 - 17:00		16:00 - 17:00	16:00 - 17:00				
19:30 - 20:15									19:00 - 19:45									17:30 - 18:30	17:30 - 18:30		17:30 - 18:30	17:30 - 18:30		17:30 - 18:30	17:30 - 18:30				
Fun Float Session			Inflatables Session																										
Main Pool			Main Pool																										
17:30 - 18:30 (2 lanes)			14:00 - 15:45 (6 lanes)																										

Swimming lessons

Swimming Lessons are available for children and adults aged 4 months upwards. Our lessons run 50 weeks a year offering continuous assessment so as soon as your child is ready to move to the next level, they can do so. We have a number of different payment plans available to suit you as well as an online system to track your child's progress and payments. Please contact reception for more information.

Monday		Tuesday		Wednesday	
Main Pool	Teaching Pool	Main Pool	Teaching Pool	Main Pool	Teaching Pool
16:00 - 19:30	13:00 - 14:00 16:00 - 19:30	16:00 - 18:30	16:00 - 19:00	16:00 - 19:00	10:30 - 13:00 16:00 - 19:30
Thursday		Friday		Saturday	
Main Pool	Teaching Pool	Main Pool	Teaching Pool	Main Pool	Teaching Pool
16:00 - 19:00	09:00 - 11:30 16:00 - 19:00	16:30 - 19:00	16:00 - 19:00	09:00 - 14:00	08:00 - 14:00
Sunday					
Main Pool		Teaching Pool			
8:30 - 12:45 (2)		08:30 - 12:30			

Swimming Clubs + Schools

We have a number of Swimming Clubs and local schools which use the facilities here at Bushey Grove Leisure Centre. For further information about Swimming Clubs and times of their sessions, please contact the clubs directly.

Monday		Tuesday		Wednesday	
Main Pool		Main Pool		Main Pool	
Schools/Clubs	13:00 - 15:00	Schools/Clubs	18:30 - 20:30	Swimming Club	19:30 - 21:00
Swimming Club	19:30 - 21:00	Teaching Pool		Teaching Pool	
Teaching Pool		Schools/Clubs	09:15 - 10:15	Schools/Clubs	09:15 - 09:45
Schools/Clubs	09:15 - 09:45	Schools/Clubs	13:30 - 14:30	Schools/Clubs	14:00 - 15:00
Schools/Clubs	14:00 - 15:00				
Thursday		Friday		Saturday	
Main Pool		Main Pool		Main Pool	
Schools/Clubs	10:30 - 11:30	Schools/Clubs	19:15 - 20:15	Swimming Club	08:00 - 09:00
Schools/Clubs	19:00 - 20:30	Teaching Pool			
Teaching Pool		Schools/Clubs	09:00 - 12:00		
Schools/Clubs	13:30 - 15:00	Schools/Clubs	13:00 - 15:00		
Schools/Clubs	20:40 - 21:40			Sunday	
				Main Pool	
				Swimming Club	16:00 - 20:00

Swimming is a great form of exercise, involving most of the major muscle groups. Whether you are looking for an invigorating workout, a relaxing swim, fun sessions, a venue for a **kids pool party** or **swimming lessons** we have a great timetable to offer you. Please note that the pool programme will change during the school holidays, please contact reception for details on **01923 470140**.

You can view the live pool programme on our website: www.busheygroveleisurecentre.co.uk or via our new **InspireAll app**, available to download at:



Child admission policy

In the Main Pool a responsible adult over the age of 18 years may supervise up to two children under the age of 8 years. In the Teaching Pool a responsible adult over the age of 18 years may supervise up to three children under the age of 8 years. During fun sessions, the main pool ratios will apply to both pools. All adults supervising children under 8 years of age must accompany the children in the water. Whilst in the water the adult must maintain a constant watch over the children for whom they are responsible and be in close contact at all times with those children who are weak or non-swimmers.

Photography policy

If you intend the take photographs please ensure you have the express permission from anyone who may be caught in the shot. Photography is prohibited in the changing rooms, cubicles, showers and toilets.

Adult Only swimming A

An adult is anyone over the age of 18 years old. Please note that when signs indicate 'Adult Swimming', anyone under the age of 18 should refrain from entering this area of the pool.

Keeping the pool clean

Please refrain from swimming if you feel unwell. This includes colds, flu, sore throat, ear infections and other contagious illness, infection or open wound you may be suffering from.

Please use the toilet and shower prior to entering the pool - this ensures we can continue to reduce the number of chemicals we use and our impact on the environment.

Lockers

Lockers are advised for ensuring the safe keeping of your possessions. Please note that the centre can not be held responsible for lost or damaged goods.

Swim Only Memberships

If you swim more than twice a week a 'Swim Only' Membership could save you money.

Membership includes:

- Unlimited swimming at Bushey Grove Leisure Centre, The Venue and Furzefield Centre
- Discounted Aqua Aerobics classes and other activities
- 7 day advanced booking privileges
- 14 day money back guarantee

SPA & SWIM MEMBERSHIPS ALSO AVAILABLE

Please speak to reception to find out more.



Aldenham Road, Bushey WD23 2TD
Tel: 01923 470140
www.busheygroveleisurecentre.co.uk



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InspireAll Leisure & Family Support Services manages these facilities in partnership with Hertsmere Borough Council. InspireAll is a registered charity. Charity no. 1093653.

Let's PARTY!
Why not find out more about our pool party packages?
Weekend afternoon's only, minimum numbers apply.

