

Pool Timetable

Public sessions

Key: **A** Adults Only

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
Lane Swimming		Lane Swimming		Lane Swimming		Lane Swimming		Lane Swimming		Lane Swimming		Lane Swimming	
Main Pool	Lanes	Main Pool	Lanes	Main Pool	Lanes	Main Pool	Lanes	Main Pool	Lanes	Main Pool	Lanes	Main Pool	Lanes
06:30 - 08:00	A 6	06:30 - 08:00	A 6	06:30 - 08:00	A 6	06:30 - 08:00	A 6	06:30 - 08:00	A 6	07:00 - 08:00	6	08:30 - 09:00	A 4
08:00 - 09:00	6	08:00 - 09:00	6	08:00 - 09:00	6	08:00 - 09:00	6	08:00 - 09:00	6	09:00 - 14:00	2	09:00 - 12:30	2
09:00 - 13:00	4	09:00 - 11:00	4	09:00 - 10:00	4	09:00 - 10:30	4	09:00 - 13:30	4	15:30 - 17:30	4	16:00 - 18:00	A 2
13:00 - 16:00	2	11:00 - 13:00	3	10:00 - 11:00	2	10:30 - 12:00	2	13:30 - 16:00	4	17:30 - 19:00	4		
16:00 - 21:00	2	13:00 - 16:00	4	11:00 - 13:30	4	12:00 - 16:00	4	17:00 - 19:00	2				
21:00 - 22:00	A 6	16:00 - 21:00	2	16:00 - 19:30	2	16:00 - 19:00	2	19:00 - 20:30	4				
		21:00 - 22:00	A 6	19:30 - 21:00	2	19:00 - 21:00	3	20:30 - 22:00	A 6				
				21:00 - 22:00	A 6	21:00 - 22:00	A 6						
Public Swimming		Public Swimming		Public Swimming		Public Swimming		Public Swimming		Public Swimming		Public Swimming	
Main Pool	Lanes	Main Pool	Lanes	Main Pool	Lanes	Main Pool	Lanes	Main Pool	Lanes	Main Pool	Lanes	Main Pool	Lanes
09:00 - 20:00	2	09:00 - 11:00	2	09:00 - 10:00	2	09:00 - 19:00	2	09:00 - 13:30	2	09:00 - 14:00	2	09:30 - 12:00	2
		12:00 - 18:00	2	11:00 - 19:00	2			16:00 - 19:00	2	15:30 - 17:30	2		
Aqua Aerobics		Aqua Aerobics		Aqua Aerobics		Aqua Aerobics		Aqua Aerobics		Party Hire		Party Hire	
Teaching Pool		Main Pool	Teaching Pool	Main Pool	Teaching Pool	Teaching Pool		Teaching Pool		Main Pool	Teaching Pool	Main Pool	Teaching Pool
10:15 - 11:00		11:00 - 11:45	19:15 - 20:00	10:00 - 10:45	19:40 - 20:25	11:45 - 12:30		12:00 - 12:45		14:15 - 15:00	14:15 - 15:00	13:00 - 14:00	13:00 - 14:00
11:10 - 11:55		11:50 - 12:35				12:35 - 13:20					17:00 - 17:45	16:00 - 17:00	16:00 - 17:00
19:30 - 20:15						19:00 - 19:45						17:30 - 18:30	17:30 - 18:30
										Fun Float Session		Inflatables Session	
										Main Pool		Main Pool	
										17:30 - 18:30 (2 lanes)		14:00 - 15:45 (6 lanes)	

Swimming lessons

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
Main Pool	Teaching Pool	Main Pool	Teaching Pool	Main Pool	Teaching Pool	Main Pool	Teaching Pool	Main Pool	Teaching Pool	Main Pool	Teaching Pool	Main Pool	Teaching Pool
16:00 - 19:30	13:00 - 14:00	16:00 - 18:30	16:00 - 19:00	16:00 - 19:00	10:30 - 13:00	16:00 - 19:00	09:00 - 11:30	16:30 - 19:15	16:00 - 19:00	09:00 - 14:00	08:00 - 14:00	08:30 - 12:45 (2)	08:30 - 12:30
	16:00 - 19:30				16:00 - 19:30		16:00 - 19:00						

Swimming clubs + schools

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
Main Pool		Main Pool		Main Pool		Main Pool		Main Pool		Main Pool		Main Pool	
Schools/Clubs	13:00 - 15:00	Schools/Clubs	18:30 - 20:30	Schools/Clubs	19:30 - 21:00	Schools/Clubs	10:30 - 11:30	Swimming Club	19:15 - 20:15	Swimming Club	08:00 - 09:00	Swimming Club	16:00 - 20:00
Swimming Club	19:30 - 21:00	Teaching Pool		Teaching Pool		Schools/Clubs	19:00 - 20:30	Teaching Pool					
Teaching Pool		Schools/Clubs	09:15 - 10:15	Schools/Clubs	09:15 - 09:45	Teaching Pool		Schools/Clubs	09:00 - 12:00				
Schools/Clubs	09:15 - 09:45	Schools/Clubs	13:30 - 14:30	Schools/Clubs	14:00 - 15:00	Schools/Clubs	13:30 - 15:00	Schools/Clubs	13:00 - 15:00				
Schools/Clubs	14:00 - 15:00					Schools/Clubs	20:40 - 21:40						

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