



The Spa

at Bushey Grove



ELEMIS

ELEMIS FACIALS

Our skincare experts use a combination of facial massage techniques and clinically proven products to achieve optimal results. The hands of a highly trained therapist are profoundly effective anti-ageing tools. Each facial is tailored to help you achieve your skin dream.

Free skin analysis included in all our facial bookings, using a special wood lamp to allow detailed analysis of the skin to be taken and an accurate skin diagnosis to be given.

	30 MINS	60 MINS
Pro-Glow Renewal Facial	£39.00	£69.00
Pro-Glow Smooth	£39.00	£69.00
Pro-Glow Resurface	£39.00	£69.00
Pro-Glow Brilliance	£39.00	£69.00

ELEMIS BIOTEC FACIALS

Our NEW Pro-Glow Facial treatment menu harnesses the revolutionary power of therapy with our Advanced Light Therapy, Microcurrent, Galvanic and Oxygen Infusions. In just one treatment, skin is visibly rejuvenated, refreshed and radiant.

	60 MINS
Pro-Glow Renewal Facial+	£84.00
Pro-Glow Smooth+	£84.00
Pro-Glow Resurface+	£84.00
Pro-Glow Brilliance+	£84.00

ELEMIS MASSAGE

Swedish back, neck & shoulder (30 mins)	£30.00
Swedish full body massage (60 mins)	£55.00
Deep tissue, back, neck and shoulder (30 mins)	£40.00
Deep tissue, full body massage (60 mins)	£65.00
Hot stone back, neck and shoulder (30 mins)	£40.00
Hot stone, full body massage (60 mins)	£65.00
Bamboo, back, neck and shoulder massage (30 mins)	£40.00
Bamboo, full body massage (60 mins)	£65.00

Courses are available for massage and facials, book a course of 6 and receive **10% off** or book a course of 8 and receive **15% off**.

ELEMIS WELLBEING

Indian head massage (45 mins)	£40.00
Exotic lime and ginger salt scrub (30 mins)	£30.00
Soothing frangipani scrub (30 mins)	£30.00
Pre and post natal massage (30 mins)	£40.00
Pre and post natal massage (60 mins)	£65.00



WAXING

Brow shape (15 mins)	£10.00	Full leg wax (45 mins)	£20.00
Lip wax (10mins)	£8.00	Full leg & regular bikini wax (60 mins)	£35.00
Chin wax (10 mins)	£8.00	Regular bikini wax (15 mins)	£15.00
Sides of face wax (15 mins)	£10.00	High bikini wax (25 mins)	£20.00
Lip & chin wax (20 mins)	£15.00	Brazilian wax (45 mins)	£25.00
Brow & lip wax (20 mins)	£15.00	Hollywood wax (55 Mins)	£30.00
Full face waxing (not inc. brows) (30 mins)	£23.00	1/2 arm wax (25 mins)	£14.00
1/2 leg wax (25 mins)	£16.00	Full arm wax (40 mins)	£18.00
3/4 leg wax (35 mins)	£18.00	Under arm wax (15 mins)	£10.00
		Stomach wax (20 mins)	£12.00



MANICURE

Express manicure (45 mins)	£15.00
Manicure (60 mins)	£20.00

PEDICURE

Express pedicure (45 mins)	£17.50
Pedicure (60 mins)	£22.00

GELS

Gel shape & polish manicure (60 mins)	£25.00
Gel shape & polish pedicure (75 mins)	£30.00

COMBOS

Express manicure & pedicure (90 mins)	£30.00
Manicure & pedicure (120 mins)	£39.00
Gel manicure & pedicure (135 mins)	£50.00

ADDITIONAL TREATMENTS

Soak off	£5.00
Gel glitter	£3.00
GEL French manicure	£3.00
Nail repair	£2.00 per nail
Thermal mitts/boots	£5.00

ST TROPEZ TANNING

St. Tropez full body spray tan	£25.00
St. Tropez 1/2 body spray tan (3/4 legs, arms, chest & face)	£17.00





MENS TREATMENTS

WAXING

Chest wax (40 mins)	£20.00
Stomach wax (30 mins)	£20.00
1/2 back wax (30 mins)	£20.00
Full back wax (60 mins)	£25.00
Ears, nose, or brows wax (15 mins)	£8.00 each

NAILS

Manicure (30 mins)	£15.00
Pedicure (45 mins)	£20.00

ELEMIS

ELEMIS FACIALS

	30 MINS	60 MINS
Pro Glow	£39.00	£69.00
Pro Glow+	-	£84.00

ELEMIS MASSAGE

	30 MINS	60 MINS
Swedish back, neck and shoulder massage	£30.00	
Deep Tissue, full body massage	£35.00	£65.00

For a full range of facials and massages please visit our facial and massage section.

SPA EXPERIENCE DAY

4 HOURS

£45 PER PERSON

Indulge in a spa experience day where on arrival you will be greeted with refreshments. You can enjoy the use of the swimming pool, unlimited use of the sauna and steam rooms, ice fountain and heated benches for up to four hours. Plus enjoy a choice of a mini facial or back, neck and shoulder massage from one of our qualified therapists.

SPA AND FITNESS CLASS PACKAGE

4 HOURS+

£60 PER PERSON

Combine a session in the gym and/or a class from a choice of Pilates, Tai Chi and Yoga. Once you've had your workout you can enjoy a relaxing spa experience. Enjoy the use of the swimming pool, unlimited use of the thermal spa for up to four hours. Plus, enjoy a choice of a mini facial or back, neck and shoulder massage.

SPA SIGNATURE PACKAGE

4 HOURS+

£95 PER PERSON

Indulge in our Spa Signature package, enjoying an hour and thirty minute massage and facial, a free swim and two hours of relaxation in our thermal spa.

MEN'S PACKAGE

4 HOURS+

£75 PER PERSON

We have the perfect spa experience for him to enjoy! Let him relax with a deep tissue massage (30 mins) and high skin energiser facial (30 mins) plus two hours in our thermal spa plus you can also enjoy a free swim and use of the gym during your stay.

SPA SESSION

2 HOURS

£15 PER PERSON

Our thermal spa is available to use seven days a week, you can relax with a range of water, heat, cooling and relaxing experiences to leave you feeling refreshed.

TREATMENT COURSES

Courses are available for massage and facials. Book a course of 6 and receive 10% off or book a course of 8 and receive 15% off

To book please call **01923 470161**
or email **thespabusheygrove@inspireall.com**

