DRINKS

HOT DRINKS

An experience by **Paddy & Scott's.**

	No.	REGULAR		LARGE
Cappuccino	145Kcal	2.95	197Kcal	3.40
Latte	145Kcal	2.95	197Kcal	3.40
Flat white	86Kcal	2.95		-
Americano	0Kcal	2.75	0Kcal	2.95
Espresso	0Kcal	1.90	0Kcal	2.20
Mocha	197Kcal	3.50	246Kcal	3.80
Hot chocolate	173Kcal	3.30	231Kcal	3.60
Babyccino	95Kcal	1.20		-
Теа	0Kcal	1.90		-
Speciality tea	0Kcal	2.20		-
Extras				

Espresso shot	OKcal	0.70
Extra syrup	52Kcal	0.70

SMOOTHIES

3.95

Strawberry Split: Strawberry + banana 188 Kcal

Big 5: Strawberry + mango + kiwi + passionfruit + apple 154 Kcal

Kale Kick: Mango + spinach + kale 155 Kcal

Pash N Shoot: Passionfruit + pineapple + mango 158 Kcal

Broccoli & The Beast: Broccoli + spinach + cucumber

+ pineapple + mango + banana 161 Kcal





FRESH FOOD MENU

Our food is fresh and healthy using only the finest local ingredients.

BREAKFAST (Served 8am-11am)

Toast + jam/marmalade (V)	348 Kcal	1.75
Baked beans on toast (Ve)	451 Kcal	3.50
Scrambled eggs on toast (V)	367 Kcal	3.75
Toasted teacake + butter/jam (V)	387 Kcal	2.25
Porridge (plain) (V)	286 Kcal	2.00
(Vegan option available)		

OMELETTES

Omelette (plain) (V)	357 Kcal 3.50
Omelette filled with ham + cheese	491 Kcal 4.95
Omelette filled with	
tomato + cheese (V)	464 Kcal 3.95
Add chips to any omelette	1.00

TOASTIES / PANINIS

Fresh white bread served with salad and crisp garnish.

	Toastie	Panini
Tuna Melt	462 Kcal 3.95	590 Kcal 4.50
Cheese + ham	472 Kcal 4·45	496 Kcal 4.50
Cheese + tomato (V)	453 Kcal 3.95	441 Kcal 3.95

SANDWICHES / BAGUETTES

Fresh white bread served with salad and crisp garnish. Alternative bread and fillings available, please request at the counter.

	San	dwich	Bagu	ette
Cheese (V)	443 Kcal	3.25	580 Kcal	3.95
Cheese + tomato (V)	453 Kcal	3.45	590 Kcal	3.95
Chicken	384 Kcal	3.45	422 Kcal	4.25
Ham	276 Kcal	3.45	414 Kcal	4.25
Tuna mayo	377 Kcal	3.45	490 Kcal	4.25

SALAD BOWLS

Tuna + sweetcorn	235 Kcal 5.95
Cheese salad (V)	331 Kcal 5.95
Chicken salad	204 Kcal 5.95
Ham salad	140 Kcal 5.95
Egg salad (V)	121 Kcal 5.95



Menu subject to availability. Calorie content of menu items is correct at time of going to print. Calorie content has been calculated by working with our food service suppliers and using their recommended ingredients. Where there is an option of choice of filling or topping, calories have been calculated using the highest calorie option available. Should you wish to change or request additional menu items please note that the calorie count may differ. The calorie count is subject to cooking methods and ingredients available at time of ordering.

JACKET POTATOES

Served with salad and choice of filling.

215 Kcal	3.95
509 Kcal	4.95
352 Kcal	4.95
370Kcal	5.75
677 Kcal	5.75
	509 Kcal 352 Kcal 370Kcal

HOT FOOD

Wraps

Served with a salad garnish and crisps. Choose your sauce from mayo, BBQ, sweet chilli or hot sauce.

Southern fried chicken + salad	622 Kcal	5.95
Falafel + salad + houmous (V)	630 Kcal	5.95

Pasta with tomato & herb sauce (Ve)	290 Kcal	3.95
Pasta with tomato & herb sauce		
+ cheese (V)	456 Kcal	4.95

Burgers

Served with chips, salad garnish and your choice of bun from brioche, plain or vegan.

Beef burger	781 Kcal	6.95
Chicken burger	522 Kcal	6.95
Vegan burger (Ve)	745 Kcal	6.95

KIDS FAVOURITES

Macaroni cheese (V)	255 Kcal	4.95
Pasta with tomato & herb sauce (V	/e) 166 Kcal	3.25
The following are served with chips an	nd peas or b	eans.
Chicken goujons	362 Kcal	4.95
Veggie nuggets (V)	273 Kcal	4.95
Sausages	348 Kcal	4.95
Fish fingers	295 Kcal	4.95

KIDS JACKET POTATOES

Served with a choice of filling.

Cheese (V)	217 Kcal	4.25
Baked beans (V) (Ve)	190 Kcal	4.25
Tuna	129 Kcal	4.25

SIDES

Chips (Ve)	244 Kcal	2.95
Cheesy chips (V)	400 Kcal	3.45

