

MENS TREATMENTS

WAXING

Chest wax (40 mins)	£20.00
Stomach wax (30 mins)	£20.00
1/2 back wax (30 mins)	£20.00
Full back wax (60 mins)	£25.00
Ears, nose, or brows wax (15 mins)	£8.00 each

NAILS

Manicure (30 mins)	£15.00
Pedicure (45 mins)	£20.00

ELEMIS FACIALS

Elemis high performance skin energiser	30 MINUTES	£30.00
Elemis Biotec super-charger for men	60 MINUTES	£80.00

MASSAGE

Back, neck and shoulder massage	30 MINUTES	£27.50
Deep Tissue Massage	60 MINUTES	£35.00

For a full range of massages please visit our massage section.

SPA EXPERIENCE DAY

4 HOURS

£45 PER PERSON

Indulge in a spa experience day where on arrival you will be greeted with refreshments. You can enjoy the use of the swimming pool, unlimited use of the sauna and steam rooms, ice fountain and heated benches for up to four hours. Plus enjoy a choice of a mini facial or back, neck and shoulder massage from one of our qualified therapists.

SPA AND FITNESS CLASS PACKAGE

4 HOURS+

£60 PER PERSON

Combine a session in the gym and/or a class from a choice of Pilates, Tai Chi and Yoga. Once you've had your workout you can enjoy a relaxing spa experience. Enjoy the use of the swimming pool, unlimited use of the thermal spa for up to four hours. Plus, enjoy a choice of a mini facial or back, neck and shoulder massage.

SPA SIGNATURE PACKAGE

4 HOURS+

£95 PER PERSON

Indulge in our Spa Signature package, enjoying an hour and thirty minute massage and facial, a free swim and two hours of relaxation in our thermal spa.

MUM-TO-BE PACKAGE

1 HOUR

£85 PER PERSON

We have the perfect spa package for the mum-to-be, helping them to unwind and feel great! Enjoy a 30 minute pregnancy massage and express pedicure plus you will be offered a selection of refreshments during your stay.

MEN'S PACKAGE

4 HOURS+

£75 PER PERSON

We have the perfect spa experience for him to enjoy! Let him relax with a deep tissue massage (30 mins) and high skin energiser facial (30 mins) plus two hours in our thermal spa plus you can also enjoy a free swim and use of the gym during your stay.

SPA SESSION

2 HOURS

£14 PER PERSON

Our thermal spa is available to use seven days a week, you can relax with a range of water, heat, cooling and relaxing experiences to leave you feeling refreshed.

TREATMENT COURSES

Courses are available for massage and facials. Book a course of 6 and receive 10% off or book a course of 8 and receive 15% off

To book please call **01923 470161**
or email thespabusheygrove@inspireall.com



The Spa
at Bushey Grove



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busheygroveleisurecentre.co.uk

PRICE LIST

ELEMIS FACIALS - ANTI AGEING

30 MINUTES

60 MINUTES

Elemis pro collagen age defy	£35.00	£65.00
Elemis pro definition lift and contour	£35.00	£65.00
Elemis dynamic resurfacing precision peel	£35.00	£65.00

ELEMIS FACIALS - SKIN SOLUTIONS

Elemis superfood pro radiance	£30.00	£55.00
Elemis sensitive skin soother	£30.00	£55.00
Elemis anti-blemish mattify and calm	£30.00	£55.00

ELEMIS FACIALS - BIOTEC

Elemis line eraser		£85.00
Elemis firm-a-lift		£85.00
Elemis skin re-surfacer		£80.00
Elemis radiance renew		£80.00
Elemis blemish control		£80.00
Elemis sensitive skin soother		£80.00

ELEMIS WELLBEING TREATMENTS

Deep tissue muscle massage		£65.00
Deep tissue back massage	£35.00	
Exotic lime and ginger salt scrub	£27.50	

MASSAGE

Back, neck and shoulder massage (30 mins)	£27.50
Shoulder, neck & scalp massage (30mins)	£27.50
Swedish full body massage (60 mins)	£55.00
Aromatherapy full body massage (60mins)	£60.00
Hot stones back, neck & shoulder massage (30 mins)	£32.50
Hot stones full body massage (60 mins)	£60.00
Indian head massage (45 mins)	£39.00
Bamboo massage (60 mins)	£65.00
Freestyle massage (30 / 60 mins)	£35.00 / £65.00

Courses are available for massage and facials, **book a course of 6** and receive **10% off** or book a **course of 8** and receive **15% off**

WAXING

Brow shape (15 mins)	£10.00	Full leg wax (45 mins)	£20.00
Lip wax (10mins)	£8.00	Full leg & regular bikini wax (60 mins)	£35.00
Chin wax (10 mins)	£8.00	Regular bikini wax (15 mins)	£15.00
Sides of face wax (15 mins)	£10.00	High bikini wax (25 mins)	£20.00
Lip & chin wax (20 mins)	£15.00	Brazilian wax (45 mins)	£25.00
Brow & lip wax (20 mins)	£15.00	Hollywood wax (55 Mins)	£30.00
Full face waxing (not inc. brows) (30 mins)	£23.00	1/2 arm wax (25 mins)	£14.00
1/2 leg wax (25 mins)	£16.00	Full arm wax (40 mins)	£18.00
3/4 leg wax (35 mins)	£18.00	Under arm wax (15 mins)	£10.00
		Stomach wax (20 mins)	£12.00

MANICURE

Express manicure (45 mins)	£15.00
Manicure (60 mins)	£20.00

PEDICURE

Express pedicure (45 mins)	£17.50
Pedicure (60 mins)	£22.00

GELS

Gel shape & polish manicure (60 mins)	£25.00
Gel shape & polish pedicure (75 mins)	£30.00

COMBOS

Express manicure & pedicure (90 mins)	£30.00
Manicure & pedicure (120 mins)	£39.00
Gel manicure & pedicure (135 mins)	£50.00

ADDITIONAL TREATMENTS

Soak off	£5.00
Nail art	£5.00 per nail
Nail repair	£2.00 per nail
Thermal mitts/boots	£5.00

EYE TREATMENTS

Eye lash tint (20 mins)	£10.00
Eyebrow tint (15 mins)	£8.00
Patch test (24hrs prior to treatment)	FREE

COMBOS

Brow tint & shape (25 mins)	£16.00
Lash & brow tint with shape (30 mins)	£22.00
Lash & brow tint (30 mins)	£15.00

ST TROPEZ TANNING

St. Tropez full body spray tan	£25.00
St. Tropez 1/2 body spray tan (3/4 legs, arms, chest & face)	£17.00



ELEMIS